

TAKE THE STAGE

A CREATIVE CAREER FRAMEWORK BY AYA HOJADOVA

GOAL PLANNING

Goal Planning

Turning Vision into Movement

AYA'S GOAL NOTE

This page is here to help you translate your vision into something you can actually follow.

Choose clarity over perfection. Choose movement over overthinking.

1) Your Defining Goal

My defining goal for this season is:

Deadline (realistic + achievable):

2) Why This Matters

If I follow through on this goal, the positive shift it creates is:

The deeper reason I'm choosing this now is:

3) Milestones

List the mini-goals required before reaching your larger objective. (These are checkpoints, not pressure.)

Mini-goal / milestone #1:

Mini-goal / milestone #2:

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Mini-goal / milestone #3:

Mini-goal / milestone #4:

Mini-goal / milestone #5:

4) Your Action Plan

Now turn your milestones into steps you can schedule.

In the next 24 hours, I will:

Within one week, I will:

Within one month, I will:

5) Learning Creates Momentum

One thing I need to learn (or clarify) to move forward is:

This week, I will learn it by:

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6) Protecting the Goal

A goal needs a container. This is where you decide what you're willing to protect.

The boundary I need to set to protect this goal is:

How I will honor that boundary (specific + real):

7) Identity Check-In

This is where your inner world meets your outer action.

The identity I am stepping into as I pursue this goal is:

One sentence I want to remember when it gets hard:

NEXT STAGE ACTION

Choose one action from this page and put it on your calendar within the next 24 hours. Momentum does not need to be dramatic. It needs to be real.

CONTINUE THE WORK BEYOND THE PAGE

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